IHTC and the Coronavirus Disease 2019 (COVID-19)

A new virus known as 2019 Novel Coronavirus (COVID-19) has been identified. This is a respiratory virus that affects your breathing and lungs. As we learn more about this virus, the Indiana Hemophilia & Thrombosis Center (IHTC) is working to make sure we will be able to provide ongoing care and support to our patients.

At this time, IHTC does not expect disruptions in our medical care. We do not expect that patients will have problems getting clinic appointments or getting supplies from the IHTC pharmacy. IHTC is taking steps to help reduce the spread of respiratory illness at our Center.

Commonly Asked Questions

I have an appointment at IHTC but I am not feeling well. Should I still come to my appointment?
If you have an appointment and are having signs of an illness like fever, cough, headache, vomiting or diarrhea, please call our office as soon as possible at 317.871.0000 (877.CLOTTER). We may need to change your appointment date and time.

I am healthy but am worried about visiting clinic and being exposed to the flu or COVID-19. What is IHTC doing to help prevent the spread of illness in clinic?
Signs have been posted to let people know what to do if they are not feeling well when they arrive for a clinic appointment. IHTC staff will screen every patient who comes to clinic for these risk factors:

- Whether the patient has traveled outside of the U.S. in the last 30 days, and where.
- Whether the patient has symptoms like fever, cough, headache, weakness, tiredness, diarrhea or vomiting.
- Whether the patient has had direct or close contact (within 6 feet) with a person who has these symptoms.

If the patient is thought to have a virus that may infect other people, IHTC staff will:

- Make sure the patient wears a mask.
- Wear Personal Protective Equipment (PPE) as needed when working with the patient.
- Limit where the patient goes in clinic.
- Clean and disinfect all exam room surfaces and other common-use areas.

I am an IHTC pharmacy patient. What happens if I get sick and can’t leave my house?
IHTC pharmacy patients should not expect any change of service during the outbreak of COVID-19. Please call the IHTC with any questions about how to get prescriptions in case of an emergency. You can reach the IHTC pharmacy at 317-829-7778 or 877-633-4639.
What can I do to help prevent getting and spreading the flu and COVID-19?
Keep taking all of your prescribed medicine. Do not stop any medicine unless a provider tells you to.

From the Centers for Disease Control and Prevention (CDC):

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue. Then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces, including cell phones, using a regular household cleaning spray or wipe.
- Follow CDC’s advice for using a face mask (link below). The CDC generally recommends use of a face mask if you think you are ill—not to prevent illness.
- Wash your hands often with soap and water for at least 20 seconds. Always wash your hands after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.
  - If soap and water are not available, use an alcohol-based hand sanitizer. Make sure it is at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

What else is the IHTC doing to help prevent the spread of the flu and COVID-19?
IHTC staff will follow the above CDC guidelines and will also:

- Not come to work if they are sick.
- Follow U.S. State Department travel advisories.
- Use careful judgement when traveling in the U.S. or abroad for business travel to places that do not have a travel advisory.
- Seek approval for international travel for IHTC business.

High quality patient care is very important to the IHTC. IHTC staff is paying close attention to the news about this outbreak. Please call 317.871.0000 (877.CLOTTER) for any questions or concerns.

Please visit ihtc.org/coronavirus2019 for links to the CDC’s face mask and handwashing guidelines.